### Trace Minerals and Electrolytes

Trace Minerals act as catalysts for many biological reactions in the body, including, muscle response, the transmission of messages through the nervous system and the utilization of nutrients in food.

**AQUAMETICS** includes ionic minerals. When dispersed into liquid it restores the electrolytic properties of water, the way nature intended.

A great benefit of adding trace minerals to water is they can contribute to healthy skin. Water flushes out impurities in the skin, leaving a clear glowing complexion, which makes skin look younger.

If your water contains the proper amount of trace minerals it can allow moisture to evaporate readily through the skin. Therefore, drinking water with trace minerals can prevent the skin from looking dehydrated and can be a better choice for maintaining a radiant complexion.

Electrolytes stimulate absorption through the cell walls; a process that helps draw nutrients into the cell where they are needed. They make the cell membrane capable of maintaining cell balance.

Without electrolytes, our cells might let too much water in or out. Either scenario can result in an imbalance that could damage the cell. A deficiency in electrolytes can also cause thickening and coarsening of the skin and other body tissues.



# Benefits of Drinking Highly Mineralized Water by Adding AQUAMETICS

#### **Beauty Benefits**

- Helps Stimulate the Skin's Metabolic Processes
- Maintains Hydration Levels of the Skin
- Assists Metabolic Waste Out of Skin Cells
- Supports Against Free-radical Damage
- Facilitates Skin Cells Osmotic Pump
- Has Natural Moisturizing Factors. (NMF)
- Helps Restore pH Levels
- Supplies Minerals for Healthy Skin, Hair & Nails



### **Additional Health Benefits**

- Supports Enzyme Function
- Promotes Proper Nerve & Muscle Function
- Supports Digestive Function
- Helps Generate Energy
- Assists Nutrients Across the Cell Membranes
- Promotes Weight Loss

# **AQUAMETICS** A Superior Source of Minerals



**AQUAMETICS** supplies the finest mineral and trace elements that are harvested in an "all-natural" way that other mineral products and ingredients can't compare.

**AQUAMETICS** minerals are ionic. Ionic minerals can permeate the cell membrane within minutes of ingestion. Ionic trace minerals, dissolved in water, are far more bio-available than those present in food and thus are more effective.

**AQUAMETICS** is clinical proven. In one study, those who drank regular water had to drink 75% more water to become as hydrated as those who use **AQUAMETICS**.\*

**AQUAMETICS** minerals are subjected to extensive testing according to E.P.A. approved methods. Our supplier tests the minerals at its in-house quality assurance lab as well as independent, third-party labs.

**AQUAMETICS** is specifically formulated to provide optimal potencies of essential electrolytes in a palatable form.

**AQUAMETICS** is also: GRAS, Kosher Certified, Halal Certified All Natural Vegan, Vegetarian, Gluten-Free, Non Irradiated, Non Ethylene Oxide treated, GMO Free.

<sup>\*</sup> Wilderness and Environmental Medicine, 19, 172 180 (2008) • ORIGINAL RESEARCH Effects of an Electrolyte Additive on Hydration and Drinking Behavior During Wildfire Suppression John S. Cuddy, MS; Julie A. Ham, MS; Stephanie G. Harger, MS; Dustin R. Slivka, PhD; Brent C. Ruby, PhD • From the Human Performance Laboratory, University of Montana, Missoula, MT.